

East Rockaway EDUCATION FOUNDATION

Saturday, April 2nd

9:00am

events.elitefeats.com/22eref



East Rockaway Education

EREF

SPRING 5K

RUN/WALK



START/FINISH:

- Althouse Avenue & Front Street

RACE DAY REGISTRATION:

- Race day registration and check-in: 7:30-8:30am
- Participants must arrive by 8:30am
- Road closures begin at 8am

REGISTER:

- Use application below for mail-in registration
- Online registration: events.elitefeats.com/22eref
- Last day to register: March 28, 2022

ENTRY FEE:

- \$20 Adult /\$12 Students 18 and under
- Bib number and post-race refreshments included

EREF buff for the first 350 Participants!

EREF Spring 5K Run/Walk Application

Last Name, First Name

Male /Female

Street

City

State

Zip

Phone

Age (as of race day)

Date of Birth

☐ 5k Run

☐ 5k Walk

Email

Emergency Contact

Phone

I am unable to participate, but would like to make a donation of \$ _____

Release of all claims for personal injury as participant in the 2022 Virtual Spring Run/Walk. In consideration for my rights to participate in this race event, I hereby release East Rockaway Education Foundation, Inc., all sponsors, all municipalities, and all race officials from any liability of personal injury incurred by me in participating in this race. I further certify that I am in proper condition to participate in this race, and am aware of all inherent risks of participation.

Participant Signature (Parent or Guardian if under 18)

Date

Registration by mail: East Rockaway Education Foundation Inc., PO Box 230, East Rockaway, NY 11518.

Please make checks payable to East Rockaway Education Foundation. Online registration: <https://events.elitefeats.com/22eref>

Please note, this is not an East Rockaway Union Free School District sponsored event.