

**East Rockaway**  
**EDUCATION FOUNDATION**



East Rockaway Education Foundation

# **EREF**

## **SPRING 5K**

**RUN/WALK**

**SATURDAY**  
**3/25/23**  
**8:30am**

[events.elitefeats.com/23eref](https://events.elitefeats.com/23eref)

### **START/FINISH:**

Hewlett Point Beach

### **RACE DAY:**

Check-in: 7:00-8:00am

Participants must arrive by 8:00am

Road closures begin at 8am

### **REGISTER ONLINE:**

[events.elitefeats.com/23eref](https://events.elitefeats.com/23eref)

Race day registration available

### **ENTRY FEE:**

\$30 Adult /\$20 Students 18 and under

Bib number and post-race  
refreshments included



SCAN ME

**drawstring bags for  
the first 250 participants!**

Please note, this is not an East Rockaway Union Free School District sponsored event.